

FREE Parenting Classes at MEMS!

Happy families aren't born..... they're made, one day at a time.

You can become more successful at parenting, the most important job of your life, with Active Parenting: 4th Edition. This workshop is designed for parents with children ages 5-12

These workshops will show you how to:

- Use non-violent discipline techniques that really work
 - Improve communication with your child
 - Teach responsibility and other important values
 - Handle problems as they come up
- Cope with difficult topics such as drugs, violence, and sex
 - Defuse power struggles with your children
 - Stimulate independence as your child grows older

6 Week Session Mount Elden Middle School, Library Community Room Wednesdays 5-6:30 PM

September 14, 21, 28, October 5, 12 & 19, 2022 To Register, contact Cymbre Lauing at (928) 699-0555, or cymbre.lauing@parentingaz.org





