



## ***FREE* Online Parenting Classes!!**

**Happy families aren't born.....  
they're made, one day at a time.**

You can become more successful at parenting, the most important job of your life, with Active Parenting of Teens. This workshop is designed for parents with children ages 13-18

**These workshops will show you how to:**

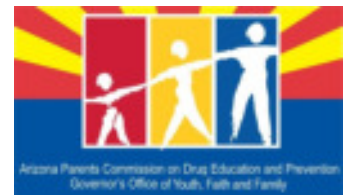
- Use non-violent discipline techniques that really work
  - Improve communication with your child
  - Teach responsibility and other important values
    - Handle problems as they come up
- Cope with difficult topics such as drugs, violence, and sex
  - Defuse power struggles with your children
  - Stimulate independence as your child grows older

***3 Week Virtual Session via Zoom  
Tuesdays & Thursdays 12:00—1:30 PM***

**May 10, 12, 17, 19, 24 & 26, 2022  
To Register, contact Cymbre Lauing at (928) 699-0555  
or [cymbre.lauing@parentingaz.org](mailto:cymbre.lauing@parentingaz.org)**



**CPLC PARENTING ARIZONA™**  
Safe children. Strong families.



Arizona Parents Commission on Drug, Education and Prevention  
Governor's Office of Youth, Faith and Family