## Trauma Informed Care Virtual Training Session



In this session, attendees will gain an understanding of Trauma Informed Care. We will discuss cultural norms. Amelia will share information on health disparities among the American Indian/Alaskan Native population. Attendees will leave the session with tips for engaging tribal members, tribal communities, and becoming good tribal partners.

Date: Wednesday, June 28, 2022

Time: 10:00am – 12:00pm MST

Who should attend: Indian Health Service providers, Tribal 638 providers, Tribal and Non-Tribal Providers, Tribal and Non-Tribal Partners, Tribal Health Program staff, Tribal Peer Supports, staff, etc.

## Register at:

https://azblue.zoom.us/webinar/register/WN\_Awp7 qdoESHmMZ5oiioGvlA

For more information please contact: Holly Figueroa at Holly.Figueroa@azblue.com

## **Presenter**



Amelia E. Gabelman, MA--Amelia grew up in rural, central Georgia. She did her graduate work in Body-Centered Psychotherapy at the California Institute for Integral Studies. She found her way to Flagstaff, Arizona 8 years ago where she is a Population Care Lead on the Recover Wellness Team with Health Choice. Amelia is currently completing her 3rd and final year of training in a trauma renegotiation technique called Somatic Experiencing. Amelia believes that the body is where trauma happens, so the body is where the healing happens. In her free time, Amelia leads a conscious dance on Sunday mornings, makes art projects with her 6 year old daughter, and stewards the earth around her house to grow food, flowers, medicinals, and trees.



