

**DO YOU WORK WITH FEMALE  
MEXICAN-AMERICAN  
ADOLESCENTS BETWEEN  
THE AGES OF 14-17?**

**We want you to be a part of our  
Research Study!**

- We are conducting a research study to learn about anxiety and self-esteem from the perspectives of adolescents and mental health therapists.
- You will participate in a focus group via Zoom (with audio and video) lasting approximately 2 hours.
- You will receive 2.0 CEUs for your participation in this project.



**ANXIETY  
AND  
SELF-  
ESTEEM**

**To learn more or sign  
up to participate,  
contact Katie  
Mommaerts at**

**928-523-2434**

**or**

**[Katherine.Mommaerts@nau.edu](mailto:Katherine.Mommaerts@nau.edu)**