NACA L.I.F.E. Program and Wings of America present

Free Community 2 Mile Walk and 5k Run

Saturday, October 2, 2021

Registration 12:00 — 1:00pm

Run / Walk begins at 1:00 pm

@ Buffalo Park, 2400 N Gemini Rd, Flagstaff, AZ 86004

(Registrants will receive a free T-Shirt, while supplies last)

For more info contact Carrie Dallas, cdallas@nacainc.org, (928) 526-2968 ext. 165



Wings of America's vision is to build healthy Native Communities using youth running initiatives. Inspired by the cultural, spiritual and competitive legacy of Native runners, Wings of America empowers Native youth and their families, inspires youth to become mentors for the next generation, encourages Native student achievement, and reinforces cultural identity and personal values.

Lasting Indigenous Family Enrichment (L.I.F.E.) Program is funded by the Centers for Disease Control, Tribal Practices for Wellness in Indian Country Grant. Its purpose is to utilize tribal contemporary practices to encourage health and wellness through strengthening physical and mental health, tribal identity, and connection to culture to reduce prevalence of diabetes and other chronic conditions in Indian Country.

