

Virtual Parenting Workshop! First Five Years™ ONLINE Includes materials and gifts for attending!

This 4-session series will help you nurture your child with a “just right” combination of freedom and positive discipline.

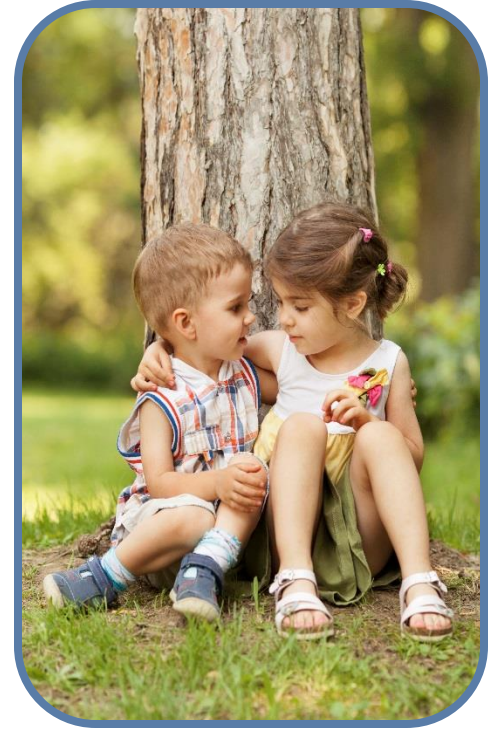
Participate in First Five Years™ and learn:

- ❖ Your child’s development and growing brain
- ❖ Preventing tantrums and other problems
- ❖ Using mindfulness to keep calm
- ❖ Six ways to prepare your child for school success

For parents and caregivers of children birth to 3 years.
Free & open to the public

Registration Required

A meeting link will be provided by the Parent Educator after registration. This 4 session series will meet once a week.
Please register for one of the three series below.



Arizona’s Children Association ZOOM

Participants attend all 4 sessions

Saturdays, April 10, 17, 24 & May 1
10:00 a.m. - 11:30 a.m.

To register, please call:

Krista Bush
(928) 814-3812

Supported By:



FIRST THINGS FIRST

We are Arizona's best resource for helping children and families!

For more information, visit us online at www.ArizonasChildren.org