

Free Parenting Workshops

*For parents and caregivers of children birth to age 5 years in the Southwest Maricopa FTF Region.
Registration required – a meeting link will be provided by the Parent Educator after registration is complete.*

Raising a Reader®

This engaging series includes 4 workshops for parents and 12 weeks of award-winning books to read with your child at home. Participate in Raising a Reader® & learn:

*How to excite your child with books & build a reading routine at home
Effective techniques to foster language & early literacy development
Helpful connections with your local library
How book sharing promotes healthy brain development*

1-2-3 Magic®

This 4-session series for parents of children 2-5 years gives parents the knowledge and tools to provide positive discipline and a supportive environment. 1, 2, 3 Magic® topics include:

*Managing Difficult Behavior | Encouraging Positive Behavior
Strengthening Parent-Child Relationships*

First Five Years™

This 4-session series will help you nurture your child with a “just right” combination of freedom and positive discipline. Participate in First Five Years™ & learn:

*Child Brain Development | Prevent Tantrums & Other Challenges
Calming Techniques | Prep for School Readiness*

Systematic Training for Effective Parenting (STEP)®

This 8-sessions series emphasizes positive parent-child relationships. Parents will learn to encourage cooperative behaviors by providing a consistent, loving environment. Topics include:

*Child & Brain Development | Understanding Young Children's Behavior | Building Self-Esteem
Family Communication | Helping Children Cooperate | Positive Discipline
Social and Emotional Development*

For more information & Registration

Email: FamilyEducation@ArizonasChildren.org

Phone: 480.729.6510

Online Calendar:

www.arizonaschildren.evanced.info/signup

Support Provided by:



FIRST THINGS FIRST

We are Arizona's best resource for helping children and families!

For more information, visit us online at www.ArizonasChildren.org

Online Parenting Workshops

Free Materials and Gifts for Attending!

First Five Years™

(4 sessions)

June 8, 15, 22 & 29

1:00pm - 2:30pm

Contact: Carmen Angulo

480.416.0739

cangulo@arizonaschildren.org

Aug. 2, 9, 16 & 23

**Spanish* 10:00am - 11:30am*

Contact: Yaneth Laird

602.291.8408

ylaird@arizonaschildren.org

1-2-3 Magic®

(4 sessions)

June 23, 30, July 7 & 14

**Spanish* 11:00am - 12:30pm*

Contact: Vanessa Paredes

480.341.9524

vparedes@arizonaschildren.org

Aug. 10, 17, 24 & 31

1:00pm - 2:30pm

Contact: Carmen Angulo

480.416.0739

cangulo@arizonaschildren.org

STEP®

(8 sessions)

May 11 - June 29

**Spanish* 10:00am - 11:30am*

Contact: Gila Bend FRC

928.683.6502

Raising a Reader®

(4 sessions)

May 27, June 3, 10, 17

2:00pm - 3:00pm

Contact: Carmen Angulo

480.416.0739

cangulo@arizonaschildren.org

July 6, 13, 20 & 27

2:00pm - 3:00pm

Contact: Carmen Angulo

480.416.0739

cangulo@arizonaschildren.org

June 9, 16, 23, 30

2:00pm - 3:00pm

Contact: Carmen Angulo

480.416.0739

cangulo@arizonaschildren.org



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