

# **Free Parenting Workshops**

For parents and caregivers of children birth to age 5 years in the Southwest Maricopa FTF Region. Registration required – a meeting link will be provided by the Parent Educator after registration is complete.

#### **Raising a Reader®**

This engaging series includes 4 workshops for parents and 12 weeks of award-winning books to read with your child at home. Participate in Raising a Reader® & learn:

How to excite your child with books & build a reading routine at home Effective techniques to foster language & early literacy development Helpful connections with your local library How book sharing promotes healthy brain development

### 1-2-3 Magic®

This 4-session series for parents of children 2-5 years gives parents the knowledge and tools to provide positive discipline and a supportive environment. 1, 2, 3 Magic® topics include:

Managing Difficult Behavior | Encouraging Positive Behavior Strengthening Parent-Child Relationships

## First Five Years™

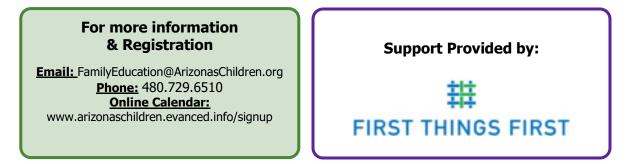
This 4-session series will help you nurture your child with a "just right" combination of freedom and positive discipline. Participate in First Five Years™ & learn:

Child Brain Development | Prevent Tantrums & Other Challenges Calming Techniques | Prep for School Readiness

## Systematic Training for Effective Parenting (STEP)®

This 8-sessions series emphasizes positive parent-child relationships. Parents will learn to encourage cooperative behaviors by providing a consistent, loving environment. Topics include:

Child & Brain Development | Understanding Young Children's Behavior | Building Self-Esteem Family Communication | Helping Children Cooperate | Positive Discipline Social and Emotional Development



We are Arizona's best resource for helping children and families! For more information, visit us online at www.**ArizonasChildren**.org



# **Online Parenting Workshops**

Free Materials and Gifts for Attending!

### **First Five Years**<sup>™</sup>

June 8, 15, 22 & 29

1:00pm - 2:30pm Contact: Carmen Angulo 480.416.0739 cangulo@arizonaschildren.org

## 1-2-3 Magic®

June 23, 30, July 7 & 14 \*Spanish\* 11:00am - 12:30pm Contact: Vanessa Paredes 480.341.9524 vparedes@arizonaschildren.org

#### **STEP**<sup>®</sup>

May 11 - June 29 \*Spanish\* 10:00am - 11:30am Contact: Gila Bend FRC 928.683.6502

## **Raising a Reader®**

May 27, June 3, 10, 17

2:00pm - 3:00pm Contact: Carmen Angulo 480.416.0739 cangulo@arizonaschildren.org

## June 9, 16, 23, 30

2:00pm - 3:00pm Contact: Carmen Angulo 480.416.0739 cangulo@arizonaschildren.org (4 sessions)

#### Aug. 2, 9, 16 & 23

\*Spanish\* 10:00am - 11:30am Contact: Yaneth Laird 602.291.8408 ylaird@arizonaschildren.org

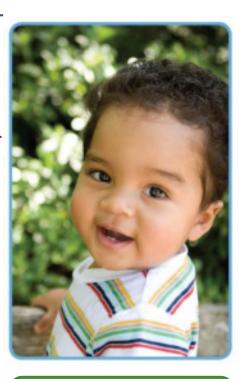
## (4 sessions)

Aug. 10, 17, 24 & 31 1:00pm - 2:30pm Contact: Carmen Angulo 480.416.0739 cangulo@arizonaschildren.org

## (8 sessions)

#### (4 sessions)

**July 6, 13, 20 & 27** *2:00pm - 3:00pm* Contact: Carmen Angulo 480.416.0739 cangulo@arizonaschildren.org



## For More Information & Registration

Email: FamilyEducation@ ArizonasChildren.org Phone: 480.729.6510 Online Calendar:

> http://arizonaschildren. evanced.info/signup

– SUPPORTED BY –

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