



## FREE Suicide Prevention Training



### **ASIST**

**December 7—8, 2020      8:00 am—5:00 pm**  
**High Country Conference Center - Peaks Ballroom**  
**201 West Butler Avenue; Flagstaff, AZ 86004**  
*(Free lunch for participants)*

#### **What is ASIST?**

It is a two-day interactive workshop in suicide first-aid. *ASIST* teaches participants to recognize when someone may be at risk of suicide and work with them to create a plan that will support their immediate safety. Participants will learn to recognize other important aspects of suicide prevention including life-promotion and self-care.

#### **Who Should Attend?**

Anyone 16 years old or older who wants to help people to be safer from suicide can participate in the training. Attendees who are 16-17 years old will need parental consent to attend the training.

#### **COVID-19 Safety Guidelines:**

All participants must wear masks and practice social/physical distancing during the training.

#### **Training Attendance and Registration:**

Training is in-person and will be limited to 12 participants. To register, please click [here](#)

#### **For more information, contact:**

Roberta Draper, RUL Training Coordinator

Email: [rdraper@nacainc.org](mailto:rdraper@nacainc.org)

Phone: (928) 526-2968, ext. 129

