

FREE Suicide Prevention Training



RUL
Reach Ur Life

BECOME SUICIDE-ALERT



safeTALK

suicide alertness for everyone

safeTALK Training

December 1, 2020

1:00 pm—5:00 pm

NACA Family Health Center Conference Room

1500 E. Cedar Avenue, Suite 26

Flagstaff, AZ

86004

What is safeTALK?

It is a half-day alertness session that prepares anyone, regardless of prior experience or no training in suicide prevention, to become a suicide-alert helper. Participants will learn how to apply the *TALK* steps (*Tell, Ask, Listen, and KeepSafe*) to connect people with thoughts of suicide to life-saving intervention and suicide first-aid resources.

Who Should Attend?

Anyone 15 years old or older who wants to help people to be safer from suicide can participate in the training. Attendees who are 15-17 years old will need parental consent to attend the training.

COVID-19 Safety Guidelines:

Participants are required to wear masks and practice social/physical distancing during the training.

Training Registration:

Training is in-person and will be limited to 8 participants, only. To register, please click [here](#)

Who to Contact for More Information:

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