



NACA
Native Americans For Community Action, Inc.



REACH UR LIFE
Empowering & Honoring Life

Northern Arizona Suicide Prevention Conference

Becoming Trauma Informed

June 27 – 28, 2019

Flagstaff, Arizona

CALL FOR PRESENTERS

►► About Reach UR Life:

The Reach UR Life (RUL) program at the Native Americans for Community Action Inc. (NACA) is a grant funded, multifaceted program which addresses protective factors to prevent risk, as well as identifying, referring, and following up with individuals who are exhibiting risk for suicide. The RUL program is a Garrett Lee Smith Suicide Prevention grantee funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). It is built upon SAMHSA's efforts to reduce the rates of suicide and suicide attempts among American Indian youth ages 10-24 years old who reside in northern Arizona communities, primarily within Coconino County.

►► Northern Arizona Suicide Prevention Conference Location:

The 2019 conference will be held at the High Country Conference Center, June 27-28, 2019, in Flagstaff, Arizona. The conference center is located on the campus of Northern Arizona University. Additional information will soon be provided on the NACA RUL website at <http://www.nacainc.org/reach-ur-life.html>

►► Presenter Application Submission and Review Process:

The RUL program invites motivational and empowering individuals to present or speak on various topics that relate to suicidal ideation and trauma, suicide prevention strategies and models, trauma and self-care, and much more. The duration for each presentation/workshop will be 45 minutes followed by 15 minutes for evaluation/Q&A. For activity classes, presenters should plan on a 60-minute routine.

Individuals interested in providing or conducting a presentation or workshop may submit a Presenter Application for consideration. *Criteria for selection are as follows:*

- Clearly stated purpose, goals, and objectives explaining what attendees will take away from the presentation or workshop.
- Connection to conference theme and basis as to why the content in presentation or workshop is vital to the intended audience.
- Practical use or cultural relevance of information.

To complete the application process, the following items must be submitted to RUL for review and selection:

- Completed Presentation Application with a brief Presenter Bio for all presenters – 100 words or less, third person
- Abbreviated CV or resume
- Copies of all handouts

►► **Application Timeline:**

- **Deadline for Submission: April 17, 2019** (*Late submissions will be considered pending upon receipt of the application.*)
- **Notification of Acceptance: May 1, 2019.** A presenter agreement will be sent with notification of acceptance, and must be signed and returned to NACA by June 14, 2019.

►► **General Information:**

- Presenters are responsible for their own travel, lodging, and all related conference expenses.
- Printing or copying of handouts is at the expense of the presenter.
- Most audio-visual equipment is available and includes: 1) Projector; 2) Screen; 3) Laptop; and 4) Microphone.
- Presenters can bring their own equipment; however, they are responsible for setup and operation.
- Sales presentations for products and services will not be considered.
- **FILLABLE PRESENTER APPLICATION:** To help us process your presenter application, please fill in your information in the text boxes and send it to the RUL program.

►► **Proposed Subject Areas for Presentations/Workshops:**

Children and Trauma	Brain and Addiction	Strengthening Parent Resilience
ACES and Trauma	Alcoholism	Healthy Relationships/Healthy Teen Dating
Historical Trauma	Opioids, Methamphetamine, Marijuana	Zero Suicide (Schools, Health Care Agencies, Mental Health)
Trauma and Native Americans	Fetal Alcohol Spectrum Disorder	Compassionate Fatigue and Health Choices
Trauma and Epigenetics	Post-Partum Depression	Self-Care and Healthy Balance (Mentally, Emotionally, Physically, Spiritually)
LGBTQ and Suicide Risk	Health Disparities	Community Outreach and Support Systems
Veteran Mental Health and PTSD	Transitions in Blended Families	Art Therapy and Wellness
Domestic Violence, Assault, Abuse	Transitions in Education (middle school, high school, college, graduate school)	Tribal Suicide Prevention Models
Loss, Bereavement, and Grief	Foster Care System and Aging Out of the Foster Care System	Traditional Ways of Healing
Poverty Impacting Parenting	Body Image and Self-Esteem	Elder Wisdom and Guidance
Social Media, Cyberbullying and Bullying	Ethics and Multicultural	Indigenous Food and Gardening Your Own Food
Understanding Adolescent Brain Development	Building Resiliency Skills in Children	Youth Empowerment

►► **For more information, contact The Reach UR Life Staff at:**

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