



5th Annual ACEs Summit:

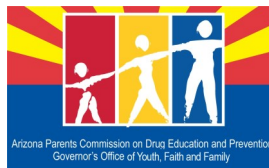
Becoming a Trauma Informed State

*Overcoming Adverse Childhood Experiences
to Create a Healthier Arizona*

December 11, 2018

The Scottsdale Resort at McCormick Ranch
Scottsdale, AZ

Sponsored by:



Hosted by:



Governor's Office
of Youth, Faith and
Family



Welcome

The prosperity and success of our state depends on the healthy development of children. When adverse childhood experiences happen, however, this healthy development is disrupted, leading to a greater risk of lifelong negative consequences.

Everyone knows child trauma is bad, but many don't realize just how pervasive and consequential it can be. Even if we haven't personally experienced it, childhood trauma affects us all.

Childhood trauma affects our community by increasing the number of people who are vulnerable to opioid abuse, suicide attempts, alcoholism, academic failure, and increased contact with the legal system. It affects us by decreasing rates of school success, job retention, and productivity. Childhood trauma impacts every issue our community cares about.

That's why we're grateful that Governor Doug Ducey is working to make Arizona a trauma-informed state.

Being trauma-informed means preventing childhood trauma from happening in the first place. It means helping people who may have experienced trauma learn to move through difficult experiences and be resilient. It means creating environments where people can get help when they need it. It's about working with what we have to design better systems that better serve individuals. It means making Arizona a safe place for everyone to thrive and succeed.

We are well poised to do this. So much groundwork has been done. The Arizona ACEs Consortium has been working for over a decade to elevate understanding of the impact of childhood adversity, and support efforts to address and prevent it. We are here to continue and expand that work.

Thank you for being here, and for working towards achieving the vision of becoming a trauma-informed state. It will take all of us- state agencies, faith communities, non-profit organizations, community leaders, and everyone who works with or on behalf of people- to make this vision a reality.

Let's get to work.

Sincerely,



Maria Cristina Fuentes, Director
Governor's Office of Youth, Faith and Family



Marcia Stanton, MSW
Phoenix Children's Hospital
and Arizona ACE Consortium member

Make sure to tag your social media posts with our hashtag!

#TraumaInformedAZ

Agenda

8:00 – 9:00am	Registration and Breakfast
9:00 – 9:20am	Welcome, National Anthem and Blessing
9:20 – 9:30am	First Lady Angela Ducey
9:30 – 9:50am	Governor Doug Ducey
9:50 – 11:15am	Keynote Address - Dr. Bruce Perry
11:15 – 11:30am	<i>break</i>
11:30am – 12:30pm	Panel: Working with Vulnerable Populations in a Trauma-Informed Way Facilitated by First Lady Angela Ducey and Maria Cristina Fuentes, Governor's Office of Youth, Faith and Family <i>Panelists: Dr. Cara Christ, Director of Arizona Department of Health Services; Dr. Jackie Contreras, Casey Family Programs; Dr. Sara Park, Arizona Department of Child Safety; and Dr. Sara Salek, Arizona Health Care Cost Containment System</i>
12:30 – 1:30pm	buffet lunch
1:30 – 2:45pm	Breakout Workshop A <ul style="list-style-type: none">• A1: From Trauma-aware to Trauma-informed: Challenges in Implementation• A2: Trauma-Informed Schools• A3: Addressing ACEs and Trauma in Health Care• A4: Collaborating with the Faith Community - Why Not?• A5: Trauma-Informed Justice Systems• A6: How to Become a Trauma-Informed Organization
2:45 – 3:00pm	<i>break</i>
3:00 – 4:15pm	Breakout Workshop B <ul style="list-style-type: none">• B7: Addressing Trauma in Child Welfare so that Children and Families Thrive• B8: Supporting Resilience for the Very Young; Building a Trauma-Informed System of Child Care in Arizona• B9: Spirituality, Mindfulness, Religion and Resilience• B10: Healing Historical Trauma• B11: Public Safety Panel• B12: Substance Abuse Prevention and Recovery
4:15 – 4:45pm	Closing

Meet Our Keynote Speaker, Dr. Bruce Perry

Dr. Perry is the Senior Fellow of The ChildTrauma Academy, a not-for-profit organization based in Houston, TX, and adjunct Professor in the Department of Psychiatry and Behavioral Sciences at the Feinberg School of Medicine at Northwestern University in Chicago. Dr. Perry is co-author, with Maia Szalavitz, of *The Boy Who Was Raised As A Dog*, a bestselling book based on his work with maltreated children and *Born For Love: Why Empathy is Essential and Endangered*.



Dr. Perry has conducted both basic neuroscience and clinical research. His neuroscience research has examined the effects of prenatal drug exposure on brain development, the neurobiology of human neuropsychiatric disorders, the neurophysiology of traumatic life events and basic mechanisms related to the development of neurotransmitter receptors in the brain. His clinical research and practice has focused on high-risk children. This work has examined the cognitive, behavioral, emotional, social, and physiological effects of neglect and trauma in children, adolescents and adults. This work has been instrumental in describing how childhood experiences, including neglect and traumatic stress, change the biology of the brain – and, thereby, the health of the child.

His clinical research over the last ten years has been focused on integrating emerging principles of developmental neuroscience into clinical practice. This work has resulted in the development of innovative clinical practices and programs working with maltreated and traumatized children, most prominently the Neurosequential Model®, a developmentally sensitive, neurobiology-informed approach to clinical work (NMT), education (NME) and caregiving (NMC). This approach to clinical problem solving has been integrated into the programs at dozens of large public and non-profit organizations serving at-risk children and their families.

His experience as a clinician and a researcher with traumatized children has led many community and governmental agencies to consult Dr. Perry following high-profile incidents involving traumatized children such as the Branch Davidian siege in Waco (1993), the Oklahoma City bombing (1995), the Columbine school shootings (1999), the September 11th terrorist attacks (2001), Hurricane Katrina (2005), the FLDS polygamist sect (2008), the earthquake in Haiti (2010), the tsunami in Tohoku Japan (2011), and the Sandy Hook Elementary school shootings (2012).

Dr. Perry is the author of over 500 journal articles, book chapters and scientific proceedings and is the recipient of numerous professional awards and honors, including the T. Berry Brazelton Infant Mental Health Advocacy Award, the Award for Leadership in Public Child Welfare, the Alberta Centennial Medal and the 2014 Kohl Education Prize. He serves on the Board of Directors of multiple organizations including Prevent Child Abuse America (PreventChildAbuse.org) and the Ana Grace Project (AnaGraceProject.org).

He has presented about child maltreatment, children's mental health, neurodevelopment and youth violence in a variety of venues including policy-making bodies such as the White House Summit on Violence, the California Assembly and U.S. House Committee on Education. Dr. Perry has been featured in a wide range of media including *60 Minutes*, *National Public Radio*, *The Today Show*, *Good Morning America*, *Nightline*, *CNN*, *MSNBC*, *NBC*, *ABC* and *CBS News* and *the Oprah Winfrey Show*. His work has been featured in documentaries produced by Dateline NBC, *20/20*, the BBC, *Nightline*, *CBC*, *PBS*, as well as dozen international documentaries. Many print media have highlighted the clinical and research activities of Dr. Perry including a Pulitzer-prize winning series in the *Chicago Tribune*, *The Sun Magazine*, *US News and World Report*, *Time*, *Newsweek*, *Forbes ASAP*, *Washington Post*, *the New York Times* and *Rolling Stone*.

Dr. Perry, a native of Bismarck, North Dakota, was an undergraduate at Stanford University and Amherst College. He attended medical and graduate school at Northwestern University, receiving both M.D. and Ph.D. degrees. Dr. Perry completed a residency in general psychiatry at Yale University School of Medicine and a fellowship in Child and Adolescent Psychiatry at The University of Chicago.

Workshop Block A: 1:30 – 2:45pm

A1: From Trauma-aware to Trauma-informed: Challenges in Implementation

Arizona 2 & 3

This breakout will explore what it means to move from a trauma-aware to a trauma-informed organization, with a special focus on organizations that are part of the child welfare system. Offering international, national, organizational and program examples, participants will be engaged in a dialogue about challenges in establishing a strong foundation, integrating key concepts, policies and practices, and educating and supporting your workforce.

Presented by: Jorge Cabrera, MSW, Casey Family Programs; Jackie Contreras, PhD, Casey Family Programs; Bruce D. Perry, MD, PhD, The Child Trauma Academy; and Patsy Sellars, MSW, Casey Family Programs

A2: Trauma-Informed Schools

Pima

This panel presentation will feature education professionals, who will talk about examples of how K-12 education is and can become trauma-informed.

Presented by: Rebecca Leimkueler, Holiday Park School; Sarah Lindstrom Johnson, PhD, The Sanford School, Arizona State University; Gale Rawson, MSW, Gila River Indian Community; Jeffrey J. Smith, EdD, Balsz School District; and Brad Snyder, The Dion Initiative for Child Well-Being and Bullying Prevention

A3: Addressing ACEs and Trauma in Health Care

Pueblo 1

This panel discussion will feature physicians, pediatricians and health systems leaders to discuss the importance of trauma-informed patient care, and what the health care system can do to prevent, address, and heal trauma.

Presented by: Funda Bachini, MD, Phoenix Children's Hospital; Danica Denton, DO, Phoenix Children's Hospital; Juan Gabriel Martinez, DO, Mountain Park Health Center; Sara Salek, MD, Arizona Health Care Cost Containment System; Marcia Stanton, MSW, Phoenix Children's Hospital; and Lara Yoblonski, MD, MPH, Phoenix Children's Hospital

A4: Collaborating with the Faith Community - Why Not?

Pueblo 3 & 4

Why do we need the faith community? How do we work with faith leaders? How do we overcome silos and promote trauma-informed care across all social sectors? This workshop will answer these questions by presenting current examples of successful collaboration between the faith community and other social institutions.

Presented by: Sam Burba, Governor's Office of Youth, Faith and Family; Brenda Cochran, MSW, LCSW, BCPC, Pure Heart Church; Maria Cristina Fuentes, Governor's Office of Youth, Faith and Family; Shomari Jackson, MPA, South Mountain WORKS Coalition for Substance Abuse; Hayley Winterberg, Magellan Complete Care; and Pastor Sanghoon Yoo, The Faithful City

A5: Trauma-Informed Justice Systems

Pueblo 2

This workshop will feature a panel of local court-affiliated professionals to discuss the ways in which courts can become more trauma-informed and how this approach affects outcomes.

Presented by: Gina Godbehere, JD, Maricopa County Sheriff's Office; Elizabeth Ortiz, Arizona Prosecuting Attorneys' Advisory Council; Nicole Roskens, MC, LPC, Cradle to Crayons, Superior Court of Arizona, Maricopa County; and Becky Ruffner, Prevent Child Abuse Arizona

A6: How to Become a Trauma-Informed Organization

Arizona 1

Becoming a trauma-informed organization is not an end state, but a process. In this session, participants will learn what it means to be a trauma-informed organization, and the process it takes to become one. In addition, participants will hear from Chrysalis, a nonprofit dedicated to freeing families from abuse and the journey they took to become trauma-informed.

Presented by: Patricia Klahr, Chrysalis; Robin Massey, PhD, Arizona Trauma Institute; Robert Rhoton, PsyD, LPC, D.A.A.E.T.S., CEO, Arizona Trauma Institute, LLP; and Angie Swart, Chrysalis

Workshop Block B: 3:00 – 4:15pm

B7: Addressing Trauma in Child Welfare so that Children and Families Thrive

Pueblo 2

Panelists will discuss efforts to address trauma experienced by children, families and staff involved with the Arizona Department of Child Safety.

Presented by Jenny Bilskie, LMSW, Department of Child Safety; Janet Garcia, Casey Family Programs; Emily Jenkins, JD, Arizona Council of Human Service Providers; Sara Park, MD, FAAP, Arizona Department of Child Safety; and Naketa Ross, ResilientMe

B8: Supporting Resilience for the Very Young; Building a Trauma-Informed System of Child Care in Arizona

Arizona 1

This session offers a panel discussion with leaders from Arizona's early child care and child welfare systems, who will describe their work to raise quality and reduce suspensions and expulsions for the birth to five population. Panelists will identify the significant systemic challenges which put vulnerable young children at risk for re-traumatization and offer new evidence-based approaches to support resiliency.

Presented by Ginger Sandweg, First Things First; Leah Eckley, LMSW, Southwest Human Development; Michael Kulbida, Arizona Department of Child Safety; Michael Wisehart, Department of Economic Security Division of Employment & Rehabilitation Services; Rose Phillips, Southwest Human Development

B9: Spirituality, Mindfulness, Religion, and Resilience

Pueblo 3 & 4

The ACEs study and resilience research support the important role of mindfulness and spiritual practice in the recovery of trauma survivors. This workshop presents faith-based origins of mindfulness exercises and how to bridge the gap between science and faith when building a trauma-informed, resilient community.

Presented by Reverend Dave Beach, Ten40 Church; Kit Danley, Neighborhood Ministries; Alok Ghodke, The Faithful City; Teri Pipe, PhD, RN, Arizona State University; Robert Rhoton, PsyD, LPC, D.A.A.E.T.S., CEO, Arizona Trauma Institute, LLP; and Pastor Sanghoon Yoo, The Faithful City

B10: Healing Historical Trauma

Arizona 2 & 3

Historical trauma is a newer topic, which many people are still learning to understand. The goal of this workshop is to introduce people to a wide spectrum of life experiences from the perspectives of African Americans, Mexican Americans, and Native American peoples.

Presented by Iya Affo, Red Mountain Behavioral Health; Dr. Carlian Dawson, Arizona Center for African American Resources; Elissa Kelly, Native Health Care Solutions, LLC, Elder Prosper Waukon, The Roundtable on Trauma-Informed Initiatives in Native American Communities; and Elder Kenneth G. White Jr, Native Health Care Solutions, LLC

B11: Public Safety Panel

Pueblo 1

This workshop will feature a panel of professionals involved in public safety and examples of how they are incorporating the principles of trauma informed care into their work.

Presented by Detective Greg Bacon, Tempe Police Department; Trooper Rachel de la Torre, Arizona Department of Public Safety; Maria Gonzalez, LMSW, Care 7; Karen Hellman, Arizona Department of Corrections; Dawn Noggle, PhD, Maricopa County Correctional Health Services; and Lori Robinson, MSW, City of Tempe Human Services Department

B12: Substance Abuse Prevention and Recovery

Pima

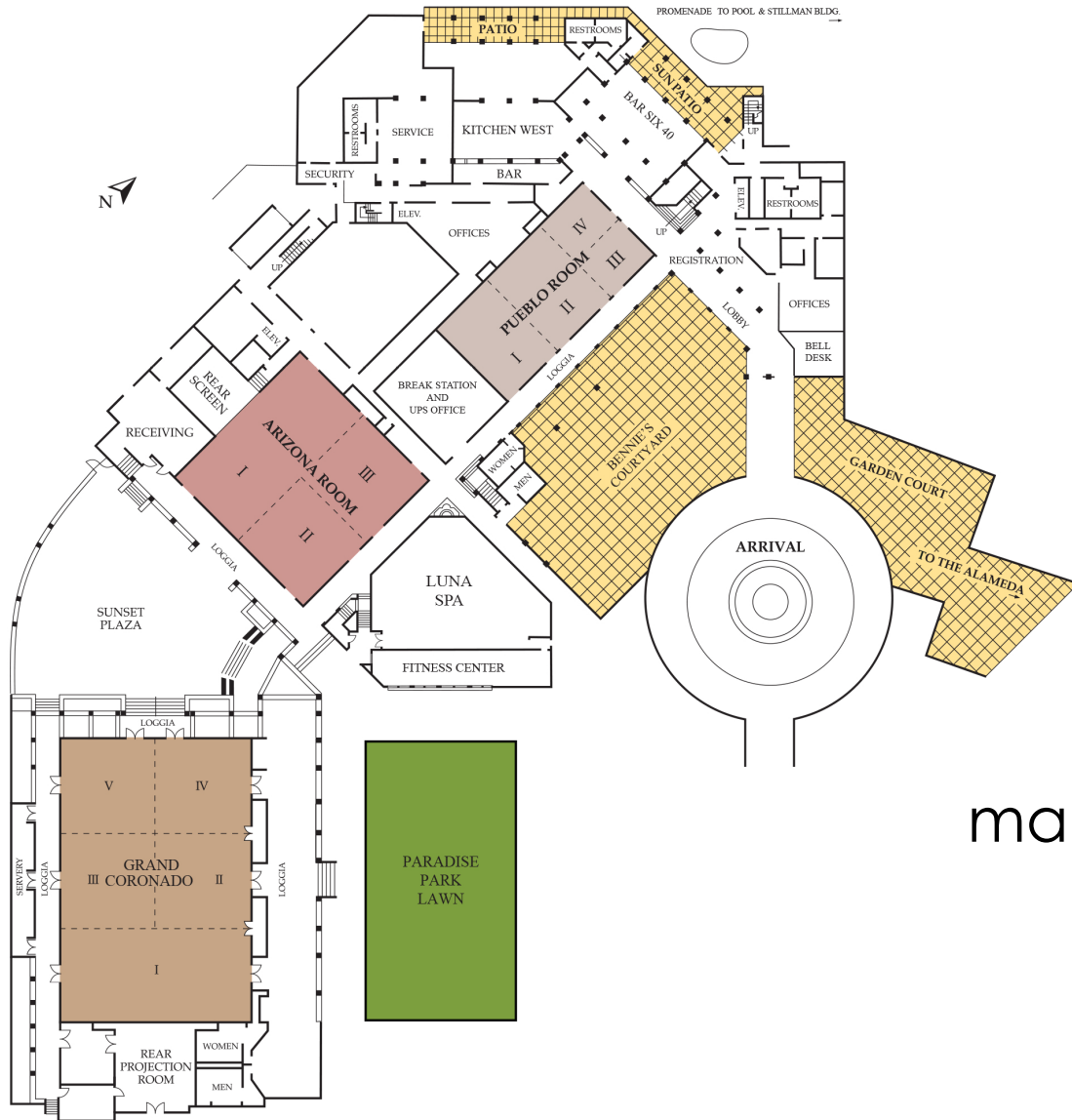
This workshop will discuss the critical role of the trauma-informed approach in substance abuse prevention and recovery work in Arizona.

Presented by Stacey Cope, Sonoran Prevention Works; Maria Cristina Fuentes, Governor's Office of Youth, Faith and Family; Stacey Gagnon, RN, BSN, Yavapai County Health Department; Shana Malone, MS, Arizona Health Care Cost Containment System; Brad Snyder, The Dion Initiative for Child Well-Being and Bullying Prevention; and Michael C. White, MCJ, Community Medical Services



THE SCOTTSDALE

RESORT AT MCCORMICK RANCH



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BOARD ROOM	YUMA	PIMA
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Make sure to tag your social media posts with our hashtag!

#TraumaInformedAZ