

ACTIVE PARENTING First Five Years™

FREE Parenting Workshops

Is parenting your little one tougher than you thought it would be?

Active Parenting First Five Years Can help!

Using videos, activities, and group discussions, a group leader will help you learn important skills for parenting a young child.

This workshop will show you:

- Discipline methods that really work
 - How to prevent tantrums
- How to make rules that your child will follow
 - Routine that make life easier
- The best ways to childproof your home
- How to care for your child at different stages
 - Great ways to take care of yourself!

3 week session September 7, 14, 21
Thursday's 5:30– 7:30 pm
Parenting Arizona located in the Ice House
201 East Birch Avenue Ste. 7 Flagstaff 86001
Call today to register: 928-773-9133
Or email tanee.johnson@parentingaz.org



CPLC PARENTING ARIZONA™
Safe children. Strong families.