

ANGELS CARE HOME HEALTH & THE PEAKS PRESENT:

DIABETES

Gourmet Tasting & Education



THE PEAKS

Join **Angels Care Home Health and The Peaks** for healthy gourmet food tasting. Special Guest Speaker, Kelly McCue with North Country Health Care will present:

- Food Pairing
- Carb Counting Basics
- Portion Sizes

Thursday, April 13th

4:30 - 6:30 p.m.

THE PEAKS

3150 N Winding Brook Rd

*RSVP by April 10th by calling Leah Veschio at The Peaks 928-864-5139.

Angels

Care Home Health

An AngMar Managed Company

Flagstaff *and surrounding areas*

928-773-7570

angelscarehealth.com

We Serve Patients!

100%
*medicare
coverage*