



AREA AGENCY ON AGING-NACOG

KINSHIP CARE WORKSHOP

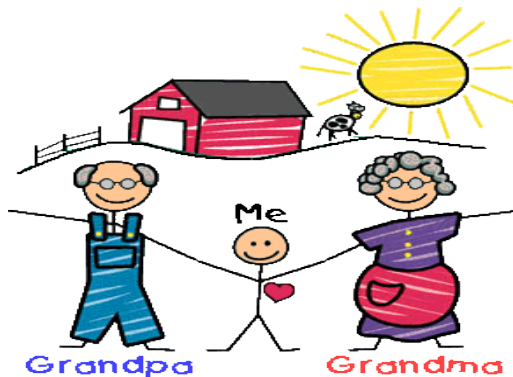


Caring for the Kinship Caregiver

You are not alone if you are a relative or grandparent raising a foster child or grandchildren! In Arizona, **18%** of kinship caregivers are 61 years of age or older with inadequate access to limited resources. **Join us for this FREE workshop & Presentations!**

Topics We Will Cover:

- Kin Caregiver Stress & Self-Care
- Childhood Trauma & How to Care for Your Troubled Child
- Healing Circles & Activities
- Mindfulness Exercises
- Navigating Department of Child Safety
- Access to Resources



When:

Every Thursday for 5 weeks
May 5th, 12th, 19th and 26th
June 3rd

Time:

8:30am – 10:30am

Where:

Marshall Elementary School
850 N. Bonito St.
Flagstaff, AZ 86001

Free Materials & Snacks

Contact:

Area Agency on Aging NACOG
Respite may be available!

1-877-521-3500

Partner:



CPLC PARENTING ARIZONA™
Safe children. Strong families.

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request. Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.