



# *baby & toddler* YOGA TEACHER TRAINING

**January 30<sup>th</sup> & 31<sup>st</sup> from 8:00 a.m. to 6:00 p.m.**

**Flagstaff Family Resource Center, 4000 North Cummings Street**

Lunch is on your own. Due to time limitations, brown bags are encouraged.

The training will cover infant and early childhood development and education on how practicing yoga can support the social, emotional and physical development, as well as overall contentment and comfort, of babies and toddlers, newborn through 2 years.

Your \$360 discounted CLYTT registration (use promo code CCCY35) includes:

- 18 contact hours (CEUs have been requested for this training)
- A comprehensive, fully illustrated ChildLight Yoga Baby & Toddler Instructor Manual
- A listing on CLY's webpage with location and email contact link (upon completion of certification)
- Membership in the CLY Baby & Toddler Instructor community
- Access to a vast Baby & Toddler yoga class video library

Please bring a yoga mat and a soft-bodied, infant-sized doll (approximately 18-20 inches long).  
Feel free to use something you already own.

To register, for more information, and a complete training description visit:

**[www.childlightyoga.com](http://www.childlightyoga.com)**



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Children & Youth**  
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For questions, contact Ruth Ellen Elinski, [ruthellen@coconinokids.org](mailto:ruthellen@coconinokids.org) OR call 928-679-7318