

KINSHIP CARE WORKSHOP

FREE KINSHIP CARE CLASSES

The Area Agency on Aging – NACOG in partnership with CPLC Parenting Arizona presents a FREE workshop series focusing on *Caring for the Kinship Caregiver*. Kinship Care is the raising of children by grandparents, other relatives, or close family friends. In the United States, 2.7 million children are cared for by kinship caregivers. According to a 2003 U.S. Census Bureau report, 2.4 million grandparents had primary responsibility for their co-resident grandchildren younger than 18. Among grandparent caregivers, 39 percent had cared for their grandchildren for 5 or more years.

CLASS LOCATION: Winslow Unified School District #1
District Office Training Classroom
800 Apache Ave., Winslow, AZ 86047

CLASS TIME: 10am-12pm, each Wednesday

CLASS DATES: August 12th, 19th & 26th
September 2nd & 9th

Kinship Workshop Classes will be held once a week for 5 weeks. The classes are professionally facilitated and will include free materials, activities and snacks for participants. **Free Respite Care may be available.**



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CPLC PARENTING ARIZONA™
Safe children. Strong families.

KINSHIP
CARE
Grandparents
& Other Caregivers
Raising Children

THIS PROGRAM EMPHASIZES:

- Self-Care including Stress Management & Avoiding Burnout
- Family Activities & Conflict Resolution
- School and Study Tips
- Resources and Information within the Community

WHO SHOULD ATTEND?

- Family or Kinship Care Provider/Caregiver
- Helpful Neighbors and Friends
- Volunteers

Services are funded by the Older Americans Act, SSBG funds, and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security (DES), Division of Aging and Adult Services (DAAS) to Area Agencies on Aging.

**For more information, please call Lita Nelson
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