## INFANT MASSAGE CERTIFICATION TRAINING



# Bring the many benefits of Infant Massage to the families you serve!

The program presented by Infant Massage USA<sup>®</sup> brings **research into practice.** It is the only infant Massage program recognized by health and child development experts as the **highest quality program of its kind** (Underdown & Barlow 2011).

Infant Massage USA<sup>®</sup> is the US Chapter to the International Association of Infant Massage currently teaching in over 67 countries for a truly cross cultural program.

#### The Infant Massage USA® Program:

- Helps babies get off to the best start for healthy growth and development;
- Promotes development of the primary relationship;
- Supports parent's sensitivity to their baby, understanding behaviors, emotions and cues;
- Encourages responsive parent-baby interactions, and supports infant's regulation;
- Insures social/emotional development supporting Infant Mental Health;
- Provides best practices to insure meeting program performance standards.

#### **Training Topics:**

- Massage Strokes and Gentle Movements
- Massage adaptations for babies born premature or babies with special needs
- Massage adaptations for the growing child
- Benefits of infant massage for babies, families and society
- Infant Behavioral States, Cues and Reflexes
- Influence of Infant Massage on Bonding and Attachment, including fostering, adoptions
- · Facilitation techniques
- · Research supporting evidence-based practice
- Public Relations and Marketing
- Three in-class practical teaching experiences with Local families attending

Register today or for more information, contact:

Olga Morris, FNP, IAIM Trainer:

olga.morris@infantmassageusa.org

928-634-7470 x 207 (Family Medical Center)

For a complete list of courses or more information: <a href="https://www.infantmassageusa.org/www.iaim.net">www.infantmassageusa.org/www.iaim.net</a> international

#### **To Earn Your Certification**

- Attend the in-depth four-day training course
- Complete a take-home assignment
- Teach five parents to massage their babies in a five week class following the training



infant massage usa "It's amazing!"

#### 2015 Arizona

9 AM - 5 PM, 4 days

May 14-17 North Country HealthCare/Health Start Snowflake, AZ

June 25 - 28 YRMC, Healthy Families Prescott Valley, AZ

July 31 - Aug 3 North Country HealthCare Flagstaff, AZ

December 10 - 13 ASIS School of Massage Tucson, AZ

Registration Fee \$650 Early Registration (3 weeks prior) \$625

Fee includes 4-day training Books and materials

One year complimentary membership Infant Massage  $\mathsf{USA}^{^{\tiny\textcircled{\tiny{\$}}}}$ 

### Recognized Continuing Education

(Visit infantmassageusa.org for complete list)

\$15 Admin fee for CE Hours: Nurses, OTs, PTs-Maryland, Massage Therapists, Social Workers, LC

Recognized by Child Life Council, Dona, and meets requirements for Infant Mental Health Endorsement (IMH-E®)









