

Grandparents Class

It's important to be safety-conscious grandparents!



This class contains the most up-to-date information on baby care and safety for expectant and new grandparents.

Topics include...

- Car seat, home and crib safety
- Swaddling and use of infant slings
- *Back to Sleep*
- CPR and choking relief for infants
- Tips on how to play a supportive role for your adult children as they move into parenthood



Flagstaff Medical Center

April 21, 2015

6:30 – 9:00 PM

\$25 for two grandparents

Classes are held in the NAH Education Center in the Fort Valley Shopping Center, 1000 N. Humphreys in Flagstaff

Two ways to register!

Call (928) 773-2309 or visit WomenandInfantsCenter.com and click on the childbirth classes link