



FREE Parenting Workshops

**Happy families aren't born.....
they're made, one day at a time.**

In this class you will learn what's going on in your teen's head, which will help you figure out why they do the things they do. You'll learn how to open up the lines of communication, encourage cooperation and responsibility, and discipline effectively. You'll also explore techniques for solving the inevitable problems that crop up. You'll learn 10 strategies for preventing problems relating to drugs, alcohol, violence and teen sexuality.

These workshops will show you how to:

- teens & technology (the Internet, social networking sites, etc.)
- the latest in teen drug use prevention (including prescription drugs)
- teen bullying: how to spot it, how to handle it
- raising teens in a stepfamily

6 week session beginning February 5, 2015
Thursday 6:00– 8:00 pm
Parenting Arizona Office, 201 E Birch Ste 1

Call today to register: 928-773-9133



CPLC PARENTING ARIZONA™
Safe children. Strong families.