



Parental/Caregiver Depression Training

According to the World Health Organization, depression is the number one disability worldwide. Maternal/Paternal depressive symptoms such as sad mood, ruminative thoughts, slowed movements and related brain changes do not have to reach the severity required for diagnosis of Major Depressive Disorder (MOD) to interfere with parenting.

Through this training, attendees will learn:

- The possible signs and symptoms of maternal and paternal depression;
- how to use the Edinburgh depression screening tool;
- the use of observation and interventions with symptomatic parents;
- and the related adverse long-term health and social outcomes of children whose parents have depressive symptoms.

Date: Thursday, August 28, 2014

Time: 9:00 am – 5:00 pm

Check-in: 8:30 am – 9:00 am

Location: Northland Christian Assembly
1715 W University Ave
Flagstaff, AZ 86001

Cost: FREE

Lunch: Free lunch provided

Trainer: Anne-Marie Salazar, LPC

Registration: Go to <https://www.pcaaz.org/event-management/?ee=62>
or call Claire Louge at (928) 445-5038