

Coconino Coalition for Children and Youth is pleased to present the 2014 Child Abuse Prevention Conference Breaking the Cycle of Family Trauma

Guest Speaker, <u>Kate Sorensen</u>, became the first Certified Trauma Counselor in the Southwest in 1992, and has been a practitioner of the techniques since, she has also trained thousands of therapists as the first Director of the Traumatic Incident Reduction Association, and Director of the Native American Trauma Project. She is currently collaborating with agencies in Flagstaff, Winslow, and the SW Navajo Nation to provide comprehensive training programs for trauma resolution within a Circles of Care model.

Day 1	Day 2
The Trauma Transformation Toolkit	Turn Compassion Fatigue to Compassion Exhilaration!
This full-day training covers cutting edge evidence-	We will spend our time together practicing techniques
based techniques, including an overview of Eye	from Day 1, while addressing issues that often
Movement Desensitization and Reprocessing	overwhelm and discourage helping professionals who
(EMDR), Traumatic Incident Reduction (TIR), and	deal with child abuse and family trauma. We will
Comprehensive Energy Psychology techniques such	provide a safe space to talk about the challenges in our
as Emotional Freedom Technique.	working condition, their effect on our own health and
	happiness, and what we are doing as individuals and
We will discuss the value of these methods in	organizations to meet these challenges. We will learn
working with children, families, and Native American	ways to resolve trauma (our own and our clients') that
communities. This training will build upon past	do not require talking about what happened. Come to
conference topics such as Trauma Informed Care, and	be refreshed and leave with a renewed sense of
the necessity of addressing Adverse Childhood	possibilities!
Experiences in breaking cycles of abuse and	
supporting healthy families. Together, we will	These high energy trainings, focused on practical
consider how to get the message out to our	applications and results, will be useful for all mental
communities that effective help is available in a	health professionals as well as administrators, family
context of respect and empowerment.	members, and the "natural helpers" in our communities.

Dates: Friday, April 25th and Saturday, April 26th **Times:** Friday 9:00 a.m. - 5:00 p.m. ; Saturday 9:00 a.m. - Noon **Location:** Doubletree by Hilton (formerly the Radisson) 1175 W. Rt. 66, Flagstaff

\$75 reserves your space for both days (CEUs with completion certificate)
\$60 reserves your space for the first day only (CEUs with completion certificate)
Scholarships available for students, parents, or foster parents and those traveling from outside of Flagstaff
\$10 Discounts to CCC&Y members, limit of 5 discounts to organizational members

PAY ONLINE: <u>www.coconinokids.org</u> or mail a check to CCC&Y, 2625 N. King St., Flagstaff 86004 You do not need to attend both days to benefit. Material presented is separate and distinct.



