



FREE Parenting Workshops

Is parenting your little one tougher
than you thought it would be?

1, 2, 3, 4 Parents! Can help!

Using videos, activities, and group discussions, a group leader will help you learn important skills for parenting a young child.

This workshop will show you:

- Discipline methods that really work
 - How to prevent tantrums
- How to make rules that your child will follow
 - Routine that make life easier
- The best ways to childproof your home
- How to care for your child at different stages
 - Great ways to take care of yourself!

3 week session beginning January 9, 2014
Thursdays 6:00– 7:30 pm
Parenting Arizona Office, 201 E Birch Ste 1

Call today to register: 928-773-9133



PARENTING ARIZONA™
Safe children. Strong families.
A Program of CPLG