

To celebrate International Day of the Girl,  
**Sunny Peaks Girl Scouts and Coconino Coalition  
for Children and Youth**

invite you to a special presentation by

## **Adam Brooks**

Adam holds Masters Degrees in both Special Education and Leadership Development, and has served as the Director of Special Education for a high school in Phoenix, Arizona. Adam has trained faculty and staff on bullying, leadership, conflict, and body image, and for the past 8 years, he has spoken to patients at Remuda Ranch, a nationally recognized Eating Disorder/Anxiety Health Clinic.

Author of 3 books: *WTF Why Teens Fail*, *Understanding Millennials*,  
and *The Social Media Handbook*

[adamleebrooks.com](http://adamleebrooks.com)

# **October 10, 2017**

## **Sinagua Middle School**

3905 E. Butler Avenue | Flagstaff, AZ 86004

### **Grades 4 - 6 | 5:30 p.m. to 6:15 p.m.**

Presentation will focus on how to have healthy friendships. The acronym SEAL will be discussed and how to have brave conversations with their friends who tease or hurt their feelings.

### **Grades 7 - 12 | 6:45 p.m. to 7:45 p.m.**

Presentation focus will be on healthy communication skills, healthy body image, and how to make better choices in regards to dating, texting and how we treat each other.

## **THIS WORKSHOP IS FREE TO ALL FAMILIES!!!**

Please make time to bring your children to this special presentation.  
We will also collect non-perishable food donations for our local food banks.

**Questions?** Contact Amanda Beda | 928.699.3661 | [abeda@girlscoutsaz.org](mailto:abeda@girlscoutsaz.org)

