

# ACTIVE PARENTING First Five Years™

## *FREE* Parenting Workshops

### Is parenting your little one tougher than you thought it would be?

Active Parenting First Five Years Can help!

Using videos, activities, and group discussions, a group leader will help you learn important skills for parenting a young child.

#### This workshop will show you:

- Discipline methods that really work
  - How to prevent tantrums
- How to make rules that your child will follow
  - Routine that make life easier
- The best ways to childproof your home
- How to care for your child at different stages
  - Great ways to take care of yourself!

3 week session June 8, 15 & 22

Thursday's 5:15– 7:30 pm

Parenting Arizona located in the Ice House  
201 East Birch Avenue Ste. 7 Flagstaff 86001

**Call today to register: 928-773-9133**

**Or email [tanee.johnson@parentingaz.org](mailto:tanee.johnson@parentingaz.org)**



**CPLC PARENTING ARIZONA™**  
*Safe children. Strong families.*